

South Coast Pelvic Floor course

RNLI , Poole, Dorset
16th / 17th January 2020

Day 1 - Thursday 16th

0900 Welcome and Introduction to the course / format

0915 **MDT (interactive) – 1**

1000 **Radiology Session** (Live link up with Sydney)

Defacating Proctography – a guide to interpretation

EAUSS – a users guide to interpretation

Coffee

1130 **Ano-rectal Physiology Session**

Peering through the mist - understanding pelvic floor malfunction through a range of diagnostics

SNS – a user friendly guide to programming

1200 **Physiotherapy session**

How to assess the pelvic floor function from a physiotherapist perspective

What the physio treatments involve?

Rectal irrigation – a brief demo

Lunch

1400 **Gynaecology Session**

What is the role of a Gynaecologist in the Pelvic Floor MDT

Lessons to be learnt around mesh

Shared decision making

1500 **Surgical session**

Surgical options to tackle prolapse

Tackling mesh complications

Urge Incontinence - how to address (include SNS and Axonics)

Passive FI and Anal bulking

Coffee

1630 **Training session**

PFS training committee - What you need to do to become certified

From trainee to consultant – how to come off the bench and win the game

Dinner at RNLI 1930

Day 2 – Friday 17th

0900 **Welcome**

0915 **MDT - 2**

1030 **Organising and running a successful MDT**

Coffee

Tour of RNLI

Lunch